Your donation will be a great support for our school project in 2010 in order to buy and transport building materials for the playgrounds and sport parks as well as supply gardening equipment.

Project costs in Cape Town: (currency rate from the 21.01.2010)

Rental car / per day30Vegetable patch (soil & plants)40Tree60Bench7010 m hedge80Swings135See-saw150Watertank300

 $30 \in (R 320)$ $40 \in (R 425)$ $60 \in (R 640)$ $70 \in (R 750)$ $80 \in (R 850)$ $135 \in (R 1450)$ $150 \in (R 1600)$ $300 \in (R 3200)$





Your contribution to the "Bauwagen goes South" project in Cape Town 2010 will be much appreciated.

Stadtoasen e.V. Sparda-Bank West eG BIC: GENODED 1SPK IBAN: De67 3706 0590 0103 6929 14

As an incorporated association we are able to make out a contribution receipt



The project-team 2010 for Grassy Park: Norbert Kuntz und Monika Galla



Verein für Urbanes Leben - Aachen

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TOAT292 PARTNERSCHAFT AACHEN-KAPSTADT





"Healthy Schools in Grassy Park" Cape Town March until June 2010

a joint project between





within the partnership Cape Town-Aachen for sustainable livelihood

The "Bauwagen" in Aachen

The "Stadtoasen-Pupils-Bauwagen" is coasting around Aachen and its suburbs since 2002. Where it stops, pupils, teachers, parents redesign their schoolyard in cooperation with Stadtoasen e.V., whereas the pupils' creative ideas and wishes are been respected and involved into the remodelling.



Previous Projects in Cape Town

In spring 2004, two South Africans, Nosisa Merile and Mbuso Shandu, made an internship at Stadtoasen in Aachen and became acquainted with the "Bauwagen" project. From September until November 2004 Nosisa and Mbuso realized its idea and concept in Cape Town's townships, whereat they have been greatly supported by two students from Aachen, Helene Hüttinger and Sven Daniels. This pilot project took place in a school in Khayelitsha established a completely new schoolyard, which was planned by both, the project directors and the pupils. Plants and flowers were planted, a wall was painted and a seesaw as well as resting points have been built.

A second project followed from March until May 2006 at a school for mentally and physically handicapped pupils, where two interns, Holle Wlokas and Bastian Wyink, got the chance to reshape the schoolyard of this school, when worked together with Nosisa and Mzu from the non-profit organization SEED. The pupils and school staff were participating, so that a meadow, shady trees and a wind breaking hedge as well as a garden and a proper playground (including a see-saw, swings and a tunnel made out of truck tires) could be developed. The most recent "Bauwagen goes South" project took place from February until May 2008 in Grassy Park, a predominantly coloured township. The redesigned schoolyard of the Fairview Primary School is not only being used by its pupils themselves, but also being visited by the neighboured school for blind. Inka Mertes and Melina Frese, the project managers, worked as a team with the whole school and built up a "garden of the senses" including a sensory path with two areas for "feet-feeling" and an elevated flower bed with herbs to smell, feel and taste - a wonderful nature experience for both, the blind pupils and the children from Fairview Primary, which they can make together. In addition further food gardens, an outdoor classroom and a playground have been established. In cooperation with two artists from Guguletu the children created a wall paint on the school building emphasizing the food garden topic. In the meantime, the Fairview Primary found a partnership with the "Schule am Lousberg" in Aachen. Pupils and teachers are in regular contact to each other. It may be a good sign that the soccer girls' club at Fairview won the city championship in 2009 with their new tricots sponsored by their partner school.





The project in Grassy Park 2010

The garden at Fairview has become a role model for the whole area. Some of the biggest advantages is that the interest in nature in general has risen, the knowledge about plants, flowers and herbs has grown and the conscious of a healthier nutrition has improved. It was Mr Aubrey de Wet, the director of the Fairview Primary School, himself who directed the idea of a further extension of the project. One of the overall aims is the creation of a so-called "snowball system", which will provide the original idea to all the schools in Grassy Park, beginning in 2010 with three more schools.

The "Healthy Schools for Grassy Park Project" aims to combine gardening and sport programs at schools to improve the health and physical condition of the children, teachers, caretakers and parents. Furthermore, their biological and environmental knowledge will be enriched and stabilized, through which the children will upgrade their self-esteem. Last but not least, the determined methods and ways to live healthier will be established and passed to everybody participated. In various regular workshops all participants exchange their knowledge, ideas and aims and set up a basic plan. In the meantime the gardens, trimming and sport parks and playing areas will be constructed. Within the evaluation the teams will explain a "right" use of the planted herbs and vegetables and create a healthy nutrition schedule and new cooking methods. Others will learn, how to take care of the freshly built playing areas as well as set up a sport programme aiming a professional improvement of the pupils' physical fitness.